

# SPECTRUM

Sacred Heart University

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## SHU to honor career of Dr. DeVilliers

### Special to the Spectrum

Friends and associates from business and academia will gather at the university's Dining Hall the evening of Friday, Nov. 10, to honor the many achievements of SHU Professor Emeritus Raoul A. DeVilliers during his half-century as an educator both in the U.S. and in Cuba.

Born Raoul Antonio de Jesus de Villiers y Arencibia in 1926, Dr. DeVilliers had been the chief of his own school, or "academy," for more than a decade when Fidel Castro came to power and began expelling Cuba's "intelligentsia" with a vengeance in 1961.

"Many people have this idea that just wealthy people fled the country when the Communists came to power, but that's not so," recalled DeVilliers, who is a graduate of the University of Havana, with a 1953 doctorate in Philoso-

phy and Letters, and a 1960 doctorate in Applied Mathematics. "Sure, the rich left, but just about anybody who could get out did. Educators, however, posed a special threat to the regime."

Then, in the middle of 1961, this native of Guanabacoa, a quiet suburb of Havana, watched as the school he had operated was appropriated by the Cuban government.

"What Castro was doing with the schools was key for me," DeVilliers stressed. "It's the reason I decided to leave-to leave behind friends and family, and everything I had built up in Cuba. You see, I had two children, and it was important they be educated the way my wife and I wanted, not the way the Communists wanted."

Leaving his possessions behind, DeVilliers escaped in December 1961 with his wife, Emelina, and their two children, and emigrated to the U.S.

In his first three years in the U.S., DeVilliers was a professor at Allen University, in Columbia, South Carolina. In 1965, he joined the fledgling Sacred Heart University-then in only its third year of existence-as acting chairman of the mathematics department, with the title of associate professor. A year later DeVilliers was appointed permanent department chairman-a post held for the next 16 years. In 1967 he became a full professor and achieved tenure in 1969, the same year SHU itself achieved full accreditation.

As a catalyst for change, DeVilliers in 1970 acted first to strengthen the role of instructors at the university by reinstating the local chapter of the American Association of University Professors (AAUP). He went on to serve as president of the AAUP chapter

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Dr. Raoul A. DeVilliers, SHU Professor Emeritus.

## Community deals with loss of Rabin

By Stephen P. Scholz  
News Editor

The pain of loss is hard to overcome. For some it can take a lifetime. The death of Prime Minister Yitzhak Rabin, who was assassinated by a right-wing Israeli Saturday night at a peace rally in Tel Aviv, has left many with an emptiness which might just take a lifetime to overcome.

For Michael Sohn, a junior political science major and co-president of the Jewish Friendship Organization (JFO) with Rabbi Wallin, the death of Prime Minister Rabin was a tragedy not only for Israel but the entire world.

"I'm in complete dismay that the world is in such a state where something like this can happen. I've been in mourning over the past days," said Sohn, who was interning at the United Nations during its 50th Anniversary celebration and recalls standing

within a couple of feet of Rabin. "I wanted to approach the Prime Minister and introduce myself, but I was in such awe that I couldn't do it," said Sohn.

"The death of Prime Minister Rabin is a true loss and we must learn from it. I pray for his family and Israel. Hopefully this will ostracize members of the Israeli right," he added.

The fact that the Israeli leader was assassinated by a fellow Jew, right-wing militant Yigal Amir, who strongly denounced the Palestinian self-rule which Rabin established, has only furthered the confusion and disbelief surrounding the tragedy.

"To know that another Jew has killed Rabin leaves Israelis with the difficult task of soul-searching," said Fr. Michael McLernon, a campus minister at Sacred Heart who spent time studying in Israel during 1979.

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## Students to fast for hunger

Heart gets involved with Hunger Awareness Week

### Special to the Spectrum

Ask a member of P.E.A.C.E. or one of the G.E. Scholars why they have donated the last three weeks to putting together a "Hunger Awareness Week" here on campus and they are likely to quote one of the following statistics:

•Every year hunger and poverty related causes claim the lives of an estimated 13-14 million people. Two-thirds of them are children.

•While people starve, one-third of the grain in the world and

one-half of the fish caught are fed to animals.

•The largest segment of the population living below the poverty level in the United States are children under the age of 17.

•One in four children in Connecticut will miss a meal today.

Perhaps this last statistic more than any other has moved so many SHU students to action. Hunger Awareness Week will run Monday Nov. 13 to Friday Nov. 17.

The purpose of the week is to raise students' awareness to the fact that people are hungry and go hungry everyday in our country,"

says P.E.A.C.E. leader/Fast Organizer Susan Smith. Activities are being planned all week designed not only to get the students' attention, but to do something about them.

The highlight of the week will be a voluntary fast to be held on Wednesday the 15th. Resident students can sign a pledge sheet and give up one meal (\$3.00) to Oxfam America and to the Merton Center in Bridgeport.

Students not on a meal plan, staff and faculty may participate

See Hunger, page 3

## Letter from El Salvador

Special to the Spectrum  
By Shelley Lyford

To the Sacred Heart community,

Before Monsenor Romero was assassinated he said, "If they kill me, I will be resurrected in the people." Romero's blood, along with hundreds of other martyrs helped cement the solidarity of Salvadorans which eventually led to a Peace Accord signed in 1992.

In the period of 12 years during the war, 80,000 people have been killed, 72,000 disappeared, 90,000 refugees and 1,500,000 have been displaced. This weekend I had the opportunity to travel to Suchitoto, the place where many believe the war of El Salvador began.

Suchitoto had some of the most fertile farmland in the country. In order to produce more energy, the government dammed this fertile river valley and constructed a man-made lake in four days destroying all the farmland. Not only did this lake destroy

fertile land, but also displaced over 15,000 people. The people who were forced off their land were not compensated or given other land to live on. This was just one of the many land rights issues that was occurring in this area.

I spent three amazing days in Suchitoto in an adobe house made of mud and burlap with a family of 11. I have never seen such grave poverty in my life. My family lived in a two room house with a dirt floor, no electricity and no water. I bathed in a polluted river ate only tamales for these three days.

The people were very open with me and my questions and made me feel as comfortable as they could. I learned so much from my family. When I got off the bus and started my 10K hike to my family's house, in the mountains, an old man approached me and said, "We are of different blood, but you are welcome here." This was a much different welcome than the one I received in San Salvador when I was told to "go the f-ck home, Yankee."

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### Inside...

Maya Angelou to share some legendary wisdom with SHU...page 9

Multi-stage process to help build self-esteem...page 6

Football crushes Curry college 62-14...page 16



## NEWS BRIEFS

Compiled by Stephen P. Scholz

### *Habitat for Humanity to sponsor work day*

On Saturday, Nov. 18, the Campus Chapter of Habitat for Humanity will be sponsoring a work day in Bridgeport. Faculty, staff and students are welcome to actively participate in the improvement of housing situations in Bridgeport. We leave SHU at 8a.m. and return by 4p.m. If you would like to attend please call Dr. Roney at 371-7741 or Jim Westgate at 365-7519.

### *SHU promotes National Chemistry Week*

National Chemistry Week is Nov. 5-11, 1995. SHU hosted a Chemistry Demonstration Show for 4th to 6th graders Friday, Nov. 3. The demonstrations, conducted by Mark Strauss of Greenwich, were given to more than 1600 students from over 20 schools throughout the state.

Four different hands-on workshops were given Friday and Saturday, reaching over 50 teachers throughout the state. Two of the workshops were presented by Dr. Shannon Brightman and Mr. Domenick Pinto.

On Friday, Mr. Domenick Pinto and Mrs. Sandy Honda Adams gave a Powerpoint workshop for the faculty of Science, Math, C. Sci, and H. Sci.

### *"Ethics and Architecture" focus of upcoming symposium*

"Ethics and Architecture" is to be the topic of a symposium sponsored by the Office of the President and the Hersher Institute for Applied Ethics on Tuesday, Nov. 14 at 7:30 p.m. in the Schine Auditorium. The symposium will feature internationally renowned architects Cesar Pelli and Allan Dehar. Reservations are recommended. For more information call 371-7730.

# Business program seeks accreditation by Assembly

By Tara Deenihan  
Staff Writer

As a measure of attracting prospective business students to Sacred Heart, the undergraduate and graduate business programs are applying for national accreditation by the American Assembly of Collegiate Schools of Business (AACSB).

If successful, SHU will join University of Connecticut as the only two schools in Connecticut accredited by the Assembly. Sacred Heart is already accredited on a regional level by the Northeast Assembly of Colleges (NEAC).

Accreditation will be a step toward the program's expansion, according to Dr. John Gerlach, a professor at Sacred Heart, who says, "In order to improve the quality of the business program as a

way of attracting more students, we have decided to pursue accreditation."

The process began last year, when a committee was established consisting of Drs. Aubrey, Corrigan, Gerlach, Cassini, and Farmer, all members of Sacred Heart faculty.

The first step in applying as a candidate was the completion of a self study, or an in depth profile of the university in all areas.

The report, after being compiled, was submitted and approved by Dr. Ed Malin, acting provost and vice president for Academic Affairs, and will be submitted for approval to Dr. Anthony Cernera, president of the university, next week.

If Cernera approves, the report will then be sent to AACSB for review. If accepted, SHU will have five years to complete all of the program objectives listed on

the report. If the application is denied, it will have to be improved to meet standards.

Sacred Heart has already been assigned an advisor for the process. The Dean of the School of Business from Gonzaga University in Seattle has visited this campus twice.

"This is very important for our business program," says Dr. Gerlach. "If we get this, it will make us one of the premier Catholic business schools."

The AACSB was chosen above another organization, mainly due to its longer existence, higher recognition and tougher standards.

AACSB has 670 universities as members, 280 of which are accredited. Other candidates for accreditation include Brigham Young University in Salt Lake City, University of Massachusetts and North Carolina State University.

## Rabin: a man who strived for peace

Continued from  
page 1

"When the evil of a society is coming from within it is much more dangerous and always has far greater lasting effects. I hope that those who want peace will realize how hard they will have to work to overcome those who want violence and war."

Many of those who want peace voiced their concerns this past Monday night during a memorial service at the Jewish Community Center in Bridgeport which featured members of the Fairfield County clergy.

"The service was the largest turn-out I've



Photo by Kent Bauer

ever witnessed at the JCC in the 30 years I've been in this area," said Rabbi Jerome Wallin of Campus Ministry.

One of the two basic themes of the night was the memorial service in honor of Rabin which included prayers both in Hebrew and English. The other theme focused on unity in Israel and for Jewish people around the world.

"It was unbelievable to see all those people come out and participate," added Wallin. "It demonstrates how committed people are to create unity and make peace."

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*The Spectrum is scheduled to be mailed out on a weekly basis. However due to computer problems this process has been hindered. Currently the Spectrum is being mailed bi-weekly and we soon hope to have all the problems corrected. Thank you for your continued support and patience.*

Sincerely,

Jonathan McCarthy  
Editor-In-Chief





President Anthony Cernera joined students and their parents this past weekend at the Sacred Heart football game. The Pioneers defeated Curry College 62-14. Cernera also hosted a continental breakfast on Saturday taking time to speak to students' families during Parents Weekend.

## Older folks likely to be students

By Sunni Deicola  
College Press Service

Picture the typical American college student: newly out of high school, outfitted in jeans, a T-shirt and Timberlands, and calling a cramped dorm room "home."

Not quite. The typical American college student these days may

look more like Mom or Dad.

This year, only 20 percent of college students go to college full time, are between the ages of 18 and 21 and live on campus — a record low, according to a recent report. Meanwhile, 42 percent of college students are over age 25.

From 1970 to 1991, the enrollment of students over age 30 in colleges has more than doubled.

That trend is expected to continue into the 21st century, according to the U.S. Department of Education.

In addition, 58 percent of adult students are women. Their enrollment has been increasing since the '70s, when the Women's Movement challenged the notion that "housewife" was the only career a woman needed.

## DeVilliers: Dinner for Professor Emeritus

*Continued from page 1*

for seven consecutive years. DeVilliers also was president of the Connecticut State Conference of the AAUP in 1981.

As if his union, chairmanship and teaching duties were not enough, DeVilliers found time and energy during SHU's formative years to serve as president of the University Senate for two terms. He later served a third term as Senate president. He also served for a number of years as a consultant to the City of Bridgeport and to several area corporations; he continues to serve on Dictaphone's scholarship selection committee. In addition, he has been a field

reader, or grant evaluator, for five different U.S. Department of Education programs.

In the 1970's, SHU's math and science department was integrated with that of computer science, reflecting the growing importance of the computer science major. To equip himself to oversee the comprehensive changes he envisioned, DeVilliers attended Yale's School of Engineering for a semester in 1976 as a Lilly Fellow and Yale's Graduate School in Computer Science full-time in 1979 as a Carnegie-Mellon Fellow.

Based on what he had learned at Yale, DeVilliers established SHU's first computer lab. In a

major coup for Sacred Heart, DeVilliers also engineered an alliance with Yale's Graduate School in Computer Science that led to installation of eight terminals at SHU linked to Yale's state-of-the-art IBM 370 mainframe computer. Today SHU's computer science program remains a key asset to the university.

DeVilliers' retirement this past August saw the end of an era at SHU. In recognition of his 51-year career in education and 30 years of service here, Dr. DeVilliers was appointed Professor Emeritus by the president and Board of Trustees on Sept. 1, 1995.

For more information about the Nov. 10th dinner honoring Dr. DeVilliers, please contact Dr. Babu George, N107, at 371-7793.

## Hunger: a growing problem

*Continued from page 1*

in the fast by signing the pledge sheet and putting the cost of their lunch in one of the donation baskets that will be located in the dining hall on that day. Commuter students who do not use the dining hall may drop off canned food items in front of Hawley Lounge on the 15th as well.

At 5:00p.m. a student-run prayer service will be held in the chapel to remember those in our local community who do not have enough to eat. At 5:30p.m. all 'fasters' are invited to a simple meal of soup, bread and water in the new dining room.

On Nov. 9th, 10th and 13th members of P.E.A.C.E. and the G.E. Scholars will be in front of the Dining Hall during lunch and dinner hours to answer questions

about the fast, hand out information about hunger and hunger programs in our area, and to sign up students who wish to participate in the fast. Interested students may also stop by the Campus Ministry Office any time until the 13th to get more information about the fast or sign a pledge sheet.

Members of Habitat for Humanity will also participate in the awareness effort by building a make-shift 'shanty' on the school grounds to alert students attention to the problem of homelessness in Bridgeport.

Smith hopes all members of the SHU community will take part in some aspect of the week. "During the Thanksgiving holiday when our attention turns to feasting it feels good to remember those who do not have enough to eat."

## Lyford: experiencing a new culture

*Continued from page 1*

The difference between the country or "campo" and the city is like night and day. The cities are so American and commercialized. There is a completely different sense of reality in the country. The city is place of politics and it is very discouraging that the contact that should exist between the politician and the people is very frayed and at many times, nonexistent.

Everyday I learn more and more about the role the United States plays in this country. This is one of the hardest things for me to deal with. We gave the government \$6 billion dollars to destroy the lives of innocent campesinos who were fighting for basic rights and justice.

During the years between 1980 and 1992, the USA helped a war with bullets and now in this country a war of ideas exists. More people are poorer now than during the war and taxes have risen 19%. People in the campo approached me and asked if my country was going to fund another war. It has been very difficult responding to these questions.

In the free trade zones here there are many "maquilladoras", foreign owned factories which hire Salvadoran workers as cheap labor. Among the American companies here are: The Gap, Liz Claiborne, The Limited, Walt Disney, Fruit of the Loom, Gitano, Hanes Her Way, Cross Creek and Ocean Pacific.

The companies pay their la-

borers the equivalent of 44 cents an hour with no benefits or vacations. The work shifts are up to 12 hours long, with no breaks, not even bathroom breaks are permitted.

According to the ARENA party, the governing power, this is acceptable economic development. Government officials are exploiting their country by selling out to American and European companies. This study abroad has definitely shown my own ignorance and how much the American public is unaware of.

This has been a very humbling experience. I have taken so much for granted in my life and I know I will return to the States much more appreciative than when I left in September.

## OffCampus News

### Yale Prof Says Barbie and Ken's Bodies Are Unrealistic

NEW HAVEN, Conn.—Having a hard time living up to the physical standards set by Barbie and Ken?

Don't worry. A psychologist from Yale University says that the muscles and curves on the 6-inch plastic dolls are pretty far from reality.

Using hip measurements as her constant, Yale's Kelly Brownell recently calculated that the average woman would have to grow 2 feet taller, add 5 inches to her chest and lose 6 inches from her waist to have proportions similar to the blonde doll. The typical man wishing for Ken's build would have to grow 20 inches taller, add 8 inches to the circumference of his neck, 11 inches to his chest and 10 inches to his waist.

Brownell says that a person's dissatisfaction with his or her body often stems from the unrealistic ideals fostered by the news media, advertisers and the fashion industry.

"The discrepancies between the dolls and reality were pretty much what we expected, given the fact that most females wish to be leaner and many males wish to be more muscular," she notes.

### Colorado Gets Tough on Student-Teacher Relationships

BOULDER, Colo.—If professors at the University of Colorado want to date students in their classes, they'll have to let their superiors know about it.

Colorado becomes the latest school to set up guidelines for student-teacher relationships, hoping to avoid any liability in future sexual harassment cases. The new policy covers the potential student relationships of staff members as well.

"This is a way to protect the student, the professor and the school," says university spokesperson Pauline Hale.

Instructors who are found in violation of the guidelines will be reviewed by a school committee and could face punishment.

Some schools, such as the University of Virginia, have placed an outright ban on relationships between professors and students in their classes. At the University of Iowa, "amorous" relationships between faculty members and students are forbidden when the instructor has any role of direct responsibility to the student outside the relationship.



# Editorial Page

Sacred Heart's oldest newspaper.

## SPECTRUM

### Lunches for charity

It's that time again. The holidays are rapidly approaching. Soon we will all be in the comforts of our homes feasting on turkey. Have you ever wondered what it would be like to have nothing to eat on Thanksgiving or Christmas?

The sad fact is that many Americans have or will at sometime experience hunger. This Wednesday FLIK will be allowing students to give their lunch to charity. Any student on the meal plan who signs the pledge to fast for lunch will be donating \$3 to Oxfam America and the Merton Center in Bridgeport.

Many of you ask about what you can do for charity. FLIK has given you an answer. Help make the holidays a pleasant experience for those less fortunate than you.

### Role Models

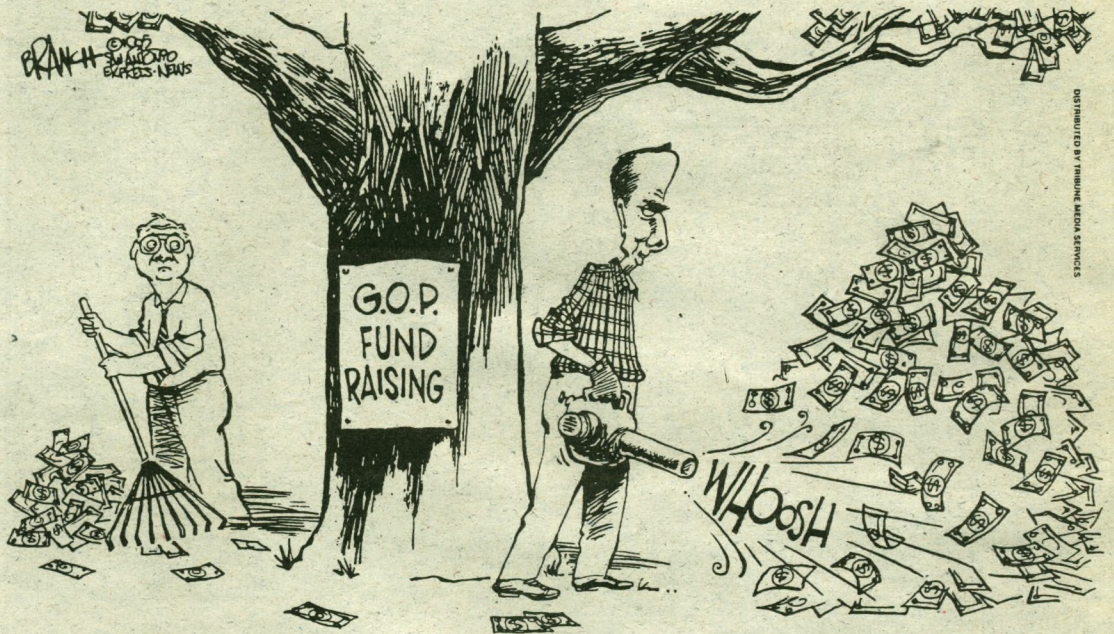
Young inner-city kids need role models. In today's pre-Colin Powell America, the inner city child often grows up emotionally stunted in a single-mother home, looking forward to a sub-quality education, no job prospects, and a life of drugs, prostitution and lethal gunfire.

Kids know the statistics: one third of all black men from the ages of 18 to 26 are either in jail, on probation, or in the court system. They live those statistics. So they need role models. Desperately.

Enter the men from the Omega Phi Kappa fraternity. They decided to act as role models for inner-city kids. By just being at the John Winthrop after-school program last Friday, these college men said loud and clear: THERE IS HOPE!

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## Rabin leaves legacy

By Jonathan McCarthy  
Editor-In-Chief

A great man was killed last Saturday. A man who had dedicated his life to his country in everything that he did. He started off as a soldier and finished as a Prime Minister. This man is Yitzhak Rabin, the recently assassinated Prime Minister of Israel.



Israel has historically been a country united by war, and it was not until recently that the accords brought by Rabin brought peace to this historic country. Sadly, Rabin paid for this peace with his life.

The signs were present, even at his funeral. They read "Killing Rabin Will Not Kill The Peace" and "Rabin Was A Traitor." These feelings were brought on by Rabin followers who believe that everything Rabin worked for was just

and in the best interest of the Jews, as well as followers who believed that Rabin sold the Jews out by signing peace accord with the PLO (Palestinian Liberation Organization).

Former Foreign Minister Shimon Peres, who is now taking over for Rabin, has his work cut out for him. First, he must deal with the potential victory for radical Jewish sects who are rejoicing with the death of Rabin, but most importantly he must deal with the political turmoil that is bound to follow the death of this great leader.

The whole situation leaves Israel with a frenzy of questions. The most frequently asked question is why? Why would a Jew kill another Jew? "We were brought up on the idea that we are a Jewish nation and that never could a Jew kill another Jew," said 16 year old Eyal Mandelbaum in a recent interview with *USA Today*. The other question is about 27 year old law student Yigal Amir himself. Who did he work for? (He claims he followed the will of God).

As many Americans sit back and watch what will unfold in the next couple of months in Israel, it becomes inherently important to remember what it was that Rabin stood for. This man's life is something that all people should strive to live for. It can't be denied that the man was one of the most dedicated leaders of our time. Hopefully, the country of Israel will be able to remember what it was that Rabin worked so hard to achieve.

Unfortunately for many Israelis it seems as if they never realized how great a man Rabin was until he died. Rabin's widow, Leah, commented on this at his funeral. Commenting on the candlelight vigil outside her home, she questioned why the followers weren't there during anti-government rallies that have took place outside her home. "Too bad you didn't come then," she said. "But you came now, and it makes my happy."

As Americans we can reflect on Rabin's life and take from it all the good he left behind, and we can pray for the salvation of Israel.





# NEWS FROM TULSA

**By Chris Nicholson**  
**Contributing Editor**



Some people apply too much of their time pondering questions that are pointless to ponder, such as: Why is there never an "About the Author" section in an autobiography?

But I ponder a good question: Why can't I have a normal car like everyone else?

Most people, when they prepare their cars for a morning commute, engage in the following pre-drive activities:

- Insert key into ignition.
- Turn key to start car.
- Drive.

I, on the other hand, am cursed with a car that more or less—no, just more—resembles a hard-boiled egg that has been repeatedly body slammed by Hulk Hogan... a car that is not really a car, but more like a scrap heap that has somehow acquired hubcaps and an air freshener.

My morning pre-drive routine looks more like this:

- Fill brake fluid.
- See if key still fits in ignition.

***I ponder a good question: Why can't I have a normal car like everyone else?***

• If not, get ball peen hammer from under seat and hit side of key twice while laying it on hard surface, such as back seat.

• Once key fits in ignition, turn until engine purrs like a trash compactor.

• Wait for engine to stall. This usually takes approximately 1.6 nanoseconds.

• Repeatedly re-start engine until the car voluntarily runs without needing a cinder block on the gas pedal.

• Fill brake fluid. (Yes, again.)

• Ensure that rear bumper is still bungee-corded to the trunk.

• Call work to tell them I'll be late because of my car again.

• Let car warm up for approximately four hours.

• Refill gas tank.

• Check brake fluid. (I am single-handedly keeping STP in business.)

• Drive to end of driveway.

• Re-start car.

• Try to drive to work before car leaks all the brake fluid.

Why do all the good cars belong to people who take them for granted?

I'm a good owner. I take care of my car. I vacuum it. Now and then I take it to dinner. Last sum-

mer I brought it to a nice drive-in movie.

But does it care? No. It *still* smells like burnt antifreeze.

There are some nice cars out there, but they all have jerks as owners. Most cars settle for the owners that drive them fast and kick their tires and swear at them. Then the cars complain that there are no good owners around.

Of course, the cars *say* they want nice owners, but when a nice owner comes along the car is not interested.

A lot of cars settle for owners who probably even have more than one car, and they leave you at home, just sitting in the cold garage, while they go parading around town in their new Cadillacs with the fancy new paint jobs and little cherry-scented pine trees hanging from the mirror. When was the last time he gave you a cherry-scented pine tree?

Oh sure, there was that time a few years ago when your owner borrowed that nice garage for the night and he fixed your engine with his bare hands, and in the morning you felt rejuvenated and he took you for a cup of coffee and some apple-jelly donuts.

But that was then. When was the *last time* he took you to a private garage for the night? When was the last time he scrubbed you down with a warm, soapy sponge and rinsed you with an industrial strength spray hose? When was the last time he gave you tires for your birthday?

Last year for your birthday he bought you a cassette tape head cleaner, and that wasn't really for you; you knew it was more for him. And even when you do spend time together, he's usually busy listening to some football game on the radio.

These cars need to wake up and smell the windshield wiper fluid. They need to realize that they have spent miles upon wasted miles with owners who don't even care enough to *pretend* that they care. These cars should leave their owners.

They should leave quietly, because the owners won't notice the warnings anyway—the car sputtering without reason, snapping belts, needing the battery recharged.

The car needs to make a decision and, while driving peacefully some rainy night on a lonely avenue in Anytown, USA, it should simply stop working.

Wait a second...I think that happened to me once.

Write to Chris Nicholson at: c/o Spectrum, 5151 Park Ave., Fairfield, CT 06472

## Letters to the Editor...

### WOMEN'S RUGBY SHOWS HEART

Dear Editor:

Yes, there is a women's rugby team at Sacred Heart University. There has actually been one here for two years.

We began as a struggling club in 1993 with little support from the Sacred Heart University community, with the exception of our brothers, the X-Men. Women's Rugby started with turnouts of very few, but this semester, have grown to almost thirty women. We have done fundraisers, like selling boxer shorts, and sponsored the performance of the Warrens. We've also played and won games against Fairfield University.

The women on this team come out everyday of the week to prepare for matches, and to practice more to benefit ourselves, but also

to prove to the entire university community that we are worthy of their respect. We are one of the hardest working clubs on campus, coached by an equally dedicated student who has helped us in so many ways. We are a close knit group of women who are teammates on the field and friends off the field. We are like a family that everyone would want to join, and that I'm proud to say I'm a part of, and proud of the things we've achieved.

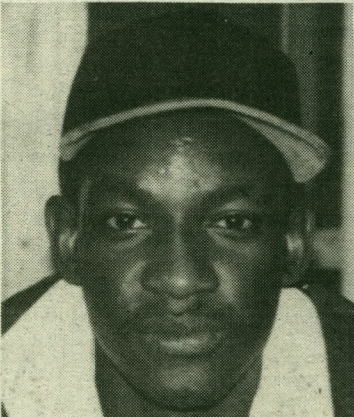
P.S. Thanks to J.C. Bender, Diego Arias, our coaches, Luggage, Denise, and all of the X-Men for their love, support, and help.

Jen Bloise

## Have an opinion? Write a letter to the editor! THE CAMPUS VOICE

By Kent Bauer

***How do you think the assassination of Yitzhak Rabin will affect the P.L.O. peace process?***



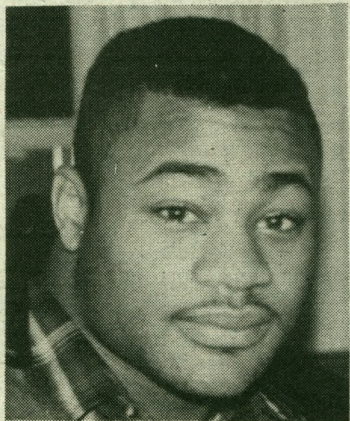
**Derek Bbanga**  
**Senior**

"I think people have realized violence is no solution."



**Angela Gibson**  
**Junior**

"It will cause a lot of tension. I hope peace will be established."



**Adam Frank**  
**Sophomore**

"It depends on the next leader. The peace process could be carried on or they could go back to war."



**Shaenna Doherty**  
**Freshman**

"If they elect a new Prime Minister, he may not be as instrumental in the peace process as Rabin was."

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# FEATURES

## Frenchman speaks of home

By Gina Norelli  
Assistant Features Editor

He pronounces "croissant" with a perfect French accent. When he answers the phone, he says, "Allo?"

Who is this handsome French student with sparkling bright blue eyes and long silky blond hair?

Florent Lachaut, who goes by the name of Bo, was born November 29, 1975 in Paris. He is from a suburb of Paris called St. Nom la Breteche that is five minutes from Versailles Palace.

"It's romantic there. The gardens are beautiful," says Bo of Versailles.

Bo has an older sister Anne who is 23, and two younger brothers Eymerich, 17 and Euilherme, 11.

His father Jean-Claude is currently unemployed and his mother Dominique is the Vice President of a bank.

Bo is undecided as to what he would like to do once he graduates but he thinks it will be something is business.

"I'd like to play tennis. It's a dream I won't ever be able to realize. You really have to devote yourself to it," says Bo about his dream career.

He has been playing tennis for four years, and has even been to Andre Agassi's coach's camp

twice.

Bo described how Americans are viewed by the French.

"Some see Americans as athletic, others say all Americans are fat. Everyone likes America. It's a magical place since everything comes from here— music, actors."

Americans also tend to view the French in a certain way. "We all have long hair, ponytails and are interested in art."

Bo has been speaking English since he was eight. He lived in Singapore and Texas.

"It's funny because in France, I was the best in the class. I'd correct the teacher. Here it changes. You really have to go to a country to learn to speak the language well. They teach it too formal in France."

Bo's favorite food is escargots (snails). He also likes French cheeses which are eaten after dessert in France. He expresses his dissatisfaction with the lack of variety of cheese in America.

"I was looking for some cheese I like, a type of suisse. After looking for an hour, I finally found some and it was expired for a month and becoming green. I said, 'Forget it. There's no European cheese in America.'"

One main difference between France and the United States is the absence of a drinking age in France. He feels that he is not as



Bo (Florent Lachaut)

Photo by Gina Norelli

free here because of this. "Since there's no drinking age (in France), it's no big deal."

Another difference is that some things are much more expensive in France. "A pair of good sneakers in France is \$200.00. Snowboards are \$800.00."

Even though college lasts for just two years in France, it is much

more difficult and challenging than here. "When you're in high school, you already know about your major."

Bo has been coming to the United States to visit friends in Connecticut for the last four years. It is because of his familiarity with this state that he chose SHU.

Unfortunately, if he doesn't

receive his Visa, he may have to return to France this month.

"I never received a paper to apply for it. I had to leave France with a tourist visit. So, I asked for a change of status to delay when I leave," said Bo.

"If they say no, I'll have to leave by Thanksgiving or Christmas."

## Self-esteem and the power of one

By Danielle Nolan  
A&L Assistant Editor

"More than hope to yourself, may you believe in yourself," said Susan Squellati Florence in her book, *Be All That You Are*.

Different people possess different perspectives on what is most important in life.

Clothes, hair, body, personality, money, love. These "things" make people happy, yet these "things" are only external.

"Achievement doesn't come from what we do, but from who we are. Our worldly power results from our personal power," said Marianne Williamson in the book, *The Power of a Woman* by Janet Mills.

One can only feel completely balanced if they love themselves and if they value their own self-

esteem.

Low self-esteem is extremely common in young women.

As girls grow, they become more concerned with their physical appearance and whether or not they have the "right look." They think to themselves, "Will I ever have a boyfriend?"

As a girl experiences people and relationships, her self-esteem is formed. She begins to listen, learn and believe what other people think of her.

As she becomes older she falls into intense relationships and she sometimes leaves her self-esteem and self-worth in the palm of her partner's hands.

She becomes dependent and believes what her partner tells is the truth.

"No one can make you feel inferior without your consent," said Eleanor Roosevelt.

### Building self-esteem

To be in a completely healthy relationship with anyone, you must love yourself and you must be independent.

In his book, *The 7 Habits of Highly Effective People*, Stephen R. Covey said to help preserve and enhance yourself, you must renew the four dimensions of your nature—physical, spiritual, mental, and social/emotional.

**"No one can make you inferior without your consent."**  
**Eleanor Roosevelt**

The physical aspect deals with exercise, nutrition and stress management. This is very difficult for

college students. Usually, students are stressed and are never eating right.

The social/emotional stage is about service, empathy and intrinsic security. Emotions run high for students dealing with roommates, boyfriends and friends.

The next dimension is spiritual which deals with value clarification, commitment, study and meditation. This is where people must find out what they really believe and why.

The last dimension is mental. Reading, visualizing, planning and writing are all mental.

People create a picture in their minds of what they do and they are organized in their thoughts.

There are some people who need no help on building self-esteem. These people are confi-

dent and know what they want. They also can convey good advice to others who need to boost their esteem.

Sophomore Melina Rincon, a biology major from Queens, NY, said, "The first thing you have to do is recognize the positive qualities you have, and at the same time be realistic and recognize your capabilities."

"Be unique and don't compare yourself to anyone else."

In the book, *The Power of a Woman*, Joan Didion said, "To have the sense of one's own intrinsic worth which constitutes self-respect is potentially to have everything: the ability to discriminate, to love and to remain indifferent."

**Believe in yourself!**



# Commuter Services: Voices being heard

By Jennifer Hudson  
Staff Writer

When Sacred Heart first opened its doors in 1963, it possessed the qualities of a typical commuter school.

When 1991 arrived, the university opened Parkridge, its first off campus residence halls.

In February of 1992, the construction of Jefferson Hill began allowing students to live on campus. Shortly after two additional residence halls were built. Sacred Heart expanded into the predominately residential university.

During this process of expansion, commuter students felt that their needs were somewhat overlooked.

Now they are finding a voice once again with two very helpful services.

The Commuter Assistant program is geared toward first-year commuters by matching a new student with an upper class

commuter for advice, information and mentoring.

This year's Commuter Assistants are Rob Carroll, Belen Camacho, Tricia DeNitto, Katie Horkheimer, Dana Judson, Nicole Schmidt and Jeannie Testani.

"I talk to commuters regularly and advise them that just because we're commuters and not residents, we're just an essential part of this university as the residents are," said Rob Carroll, commuter assistant.

Commuters can also benefit from the Director of Commuter Life, and also an advisor to the assistants. Mike Rembish was appointed to the position on Sept. 18.

"I was appointed to serve as an advocate for commuters and as a link to administration to get commuter problems solved," said Rembish.

"We have 800 full-time commuter students and 2,000 part-time commuter students at Sacred Heart. That's one-third of the

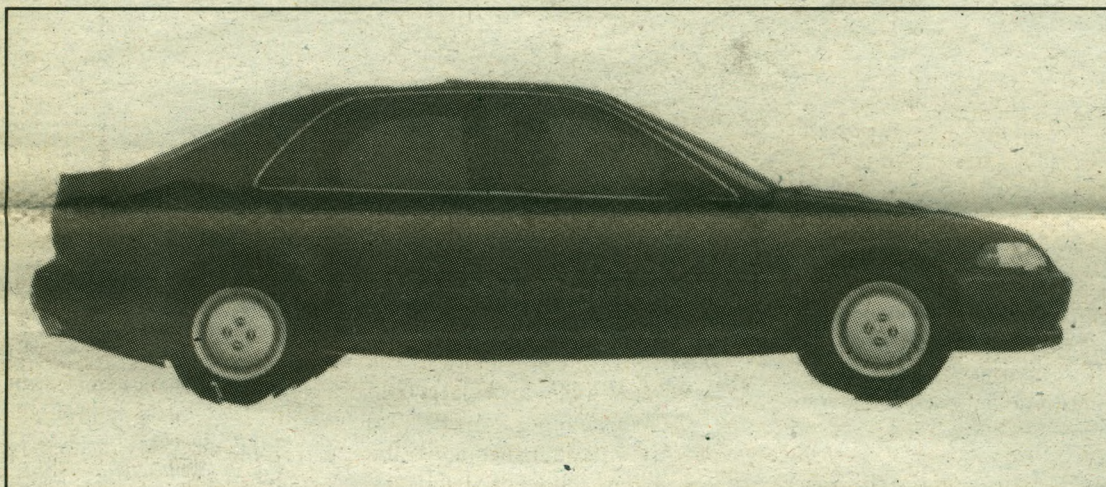
school population who were without an administrator."

Linh Le, a first-year commuter student, stated, "I think that it is really good for commuters to have Commuter Assistants and a Director of Commuter Life. Both services are great if you need to find out about something."

Rembish said, "I'm here to help commuters in any way I can. I'm here to provide them with any information regarding commuting and Sacred Heart, and I'm here to voice any concerns."

"I strongly encourage commuters to come visit me in my office. It's located right across from Dean Kevin Kelly's office."

Commuters are finally getting their chance to let their voices heard again. It's the hope of Commuter Assistants and the Director of Commuter Life that these students take advantage of the services being provided to them.



## CLUB HAPPENINGS

Compiled by Michele Herrmann

### Fast for a good cause

P.E.A.C.E. and G.E. Scholars are sponsoring a fast of one meal to benefit the Merton Center and Oxfarm America on Wednesday, Nov. 15. Those interested can sign up today, tomorrow and on Monday in the Dining Hall.

### Italian Club

The Italian Club is hosting a three event combo this Saturday: a dinner in the Dining Hall from 4:30 to 7 p.m., a three on three soccer tournament from 9 to 10:30 p.m., and then a Dance Party from 11 p.m. to 1 a.m. Tickets are on sale today and tomorrow at \$5.00.

### Jewish Friendship Organization

The JFO is taking orders for Chalah bread until Monday, Nov. 13 in the Campus Ministry office. Each loaf costs \$3.00. Placed orders are to be picked up on Thursday, November 16 from 10 a.m. to 1 p.m. outside Hawley Lounge.

### Big Brothers/Big Sisters

Big Brothers/Big Sisters is meeting Tuesday, Nov. 14 in the West Hall Great Room to organize an upcoming Christmas party. Students are welcome to attend.

### Cum Laude Society

The Cum Laude Society meets tomorrow at 4:30 p.m. in the Psychology conference room located in the Behavior and Social Science Department. All students are welcome to attend.

### Carribean Club and Omega Phi Kappa

The Carribean Club and Omega Phi Kappa presents its Second Annual Snap Night and Party of the Year tonight from 8 p.m. to 12 a.m. in the Dining Hall. Come and listen to the best snaps around and try to beat champion Lamount Deaderick.

# Seniors grow through involvement

By Michele Herrmann  
Features Editor

On a Thursday night in their apartment, two female seniors flip through small photo albums looking for a nice picture of them together. They sit at the dinner table, one across from the other.

Chris sees one, looks up and says, "Like this one?" to her roommate. Enza, comparing it with her batch, smiles.

Both continue to search as each head stays bowed down and pages turn by.

Suddenly Enza's pops up. "I have one of you taken by myself," she exclaims.

Chris responds back, "I have one of you taken by myself."

Shortly after, they both put the albums down and agree to take a picture together.

For three and a half years, Chris Hopley from Henderson, Nevada and Enza Chiarello from East Haven, CT have been friends. "This year we decided to become roommates," said Enza.

The relationship developed

slowly. They met each other through Nu Epsilon Omega in the spring of 1993. "We pledged in the same class, got close, and became friends, and worked on (freshman) orientation together," said Enza.

Enza and Chris continue their similar involvement in SHU campus life.

In Nu Epsilon Omega, Chris is president and Enza is the sergeant-at-arms. For the class of 1996, Chris is also president with Enza as vice-president.

Both are on the Programming Board but as chairpersons for different events; Enza's focus is on lectures while Chris handles major concerts.

Both hold leadership positions in the Paralegal Club. This club is also important because deals with their studies.

Chris is earning her Bachelor's in Business Administration while Enza is for Political Science. The majors are different but the concentrations are the same—in Legal Administration. And both are trying for their associate's in Paralegal Studies.



Enza Chiarello and Chris Hopley

To go further, each said that they want to become attorneys. "I've always wanted to become an attorney since I was young," said Enza.

Both plan to graduate in May. "We both want to do the same thing and we are applying to a lot of the same schools," said Chris.

Although some interests differ, Chris and Enza agree on what

keeps them together. "I think our society has," said Chris.

"We both like helping people," added Enza.

What do they mostly like about each other? Chris answers, "She's spunky because sometimes I have a problems with letting myself loosen up. She reminds me how to have fun."

And Enza answers, "She re-

minds me how to relax because I get stressed out too much."

Both say that they are very open and honest with each other. They don't really fight that often and if they do, "we compromise."

They can also complete each other's thoughts. In the kitchen and preparing to eat a pasta dinner, Chris searches for a spoon to serve the meal. As soon as she says, "Where's the spoon," Enza turns around, opens a drawer and pulls out a plastic light blue spoon.

Their three roommates also see how they are. "Chris is good to talk to. Enza is good to have fun with. She knows when to be serious," says one roommate.

Another adds, "They're always concerned when they know what's bothering you."

What else enhances their friendship? One, they are always out together. Two, they plan to spend their school vacations together. And three, they say that they balance each other.

"Because she is one of my sorority sisters and roommates, I know that I can always count on her," says Chris.



# Fear of crime prevents activity

By Theresa Hickey  
Staff Writer

Crime surrounds us. The reality is only the image of crime really effects the daily life of most people.

In newspapers, magazines and on television or in movies, we witness the terrors of serious crimes such as robbery, rape and murder occurring in our society.

Although the images are often not physical reality for the masses, the population develops an attitude that crime will find them, at any moment.

The facts about crime are that, according to Lisa Jennifer Selzman's article in *Mademoiselle* titled "Crime: Stop Being Paranoid and Get A Grip," its

percentages are dropping, and the "FBI reports crime has not increased significantly in more than a decade."

So do students have anything to fear when their roommates go home for the weekend and one person stays there alone?

Maybe.

The imaginations of some students conjure up visions of movies, television programs, and scenes from the news when they're by themselves.

Kathie Penna, a senior majoring in English from Pittsfield, MA, says she thinks of scenes from scary movies, and that initiates her fears when her roommate leaves for the weekend.

Numerous students will their lights on when sleeping alone because most of them are used to

having others nearby, such as at home. So, it is understandable that they fear being alone in a less familiar environment.

Patrick McCaughey, a junior from Pawtucket, RI, agrees. He commented about the unusual noises Jefferson Hill apartments holds when nobody else is around.

***The reality is only the image of crime affects the daily life of most people.***

Who wouldn't be afraid when the lights go off? An image of Freddy Kreuger pops into one's head and strange noises bring his image to life.

Maybe students are flooded with too many visions of violence through the media.

Some leave MTV on for background noise while studying, and they may glance at the channel for a moment. Selzman's research found that in one hour, MTV televises "29 violent or hostile images."

Another basis for our fear, according to Selzman, is the result of always being told by our parents to lock the door and not to talk to strangers when we were children. Also we were left at home while our parents worked.

Then as we got older, if everyone around us is a "stranger", the conclusion is to lock our doors and call everyone we knew. Not only would this result in a large phone bill but also this behavior

would cause misery.

Students need to approach situations with care but also with an open mind.

After a few conversations, everyone finds someone that they relate to and feel comfortable with.

From there on, individual build a safe haven in a new environment.

Selzman recommends this technique of communication as a cure. She says that having a confidence lets an individual face fear realistically.

Of course it is wise to use caution but there is no reason for fear to restrict students from exploring their new found freedoms.

Students must broaden their horizons at school, not hide in their rooms because they fear a world full of crime.

# Working out shouldn't turn into a wearout

By Justin Mokerzecki  
Contributing Writer

In recent years more and more emphasis has been placed on fitness and exercising in our society.

Eat healthier to reduce the risk of a heart attack.

Jog or walk daily to lower your blood pressure.

Lift weights to develop a healthier cardiovascular system.

So say doctors and fitness experts.

But Royce Flippen in *Elle* magazine asked, "When does a normal attitude towards fitness cross over into neurosis (obsession)?"

According to Marilyn-Pudor York, Ph.D., a New York City psychologist, "If someone exercises to the exclusion of all else or experiences guilt over a missed session, it may be time to see a mental health professional."

"The media plays a role," stated Phillip McDonald, a junior majoring in media studies.

"It shows people that being in perfect shape is the right way to live a happy life."

Low self-esteem is another contributor toward the fitness neurosis.

One student who wished to remain anonymous said, "I personally work out about four times a week. I would work out more than that but I can't make enough

time in my schedule."

The student went on to say, "I feel that I have to in order to be popular with others. If I miss more than two days of working out my attitude changes."

"I don't feel comfortable around others because of my appearance and sort of withdraw from activities with my friends until I do get back to the gym."

***What causes this obsession towards exercise among many Americans today?***

Not only does working out obsessively cause psychological problems but it can also cause physical problems as well.

"The woman who suffers from exercise angst is the one who discovers that a Stairmaster is great for toning her buttocks, so instead of using it three times a week, she decides to use it five, six or seven times a week," said Molly Fox, co-owner of the Molly Fox Studio of Manhattan, in the *Elle* article.

"And she tells herself, if 40 minutes of Stairmaster is fine, an hour is better."

"The next thing you know, she is injured, ignores the injury, and finally is forced to stop com-

pletely."

Matty Melisi, strength and conditioning coach for Sacred Heart athletics, explained that a sensible fitness program for the average person should consist of a balance between strength, endurance, and flexibility.

Melisi went on to say that for every day that a particular muscle group is exercised, the following day should be used as a day of rest.

For those looking to start up on a fitness program, Melisi said that a conditioning program is best because it tones the body, and develops the cardiovascular system which is what most beginners are striving for.

## Heartbeat gives daily info about events

By Jennifer Hickey  
Staff Writer

Every week a folded piece of paper called the "Heartbeat" lays in the dark confines of mailboxes.

Residential students, faculty, staff and departments all receive the "Heartbeat" as well as a monthly calendar which both highlight events happening at Sacred Heart University.

The "Heartbeat" consists of weekly events broken down day by day with location and time.

On the inside of the pamphlet are descriptions of upcoming events and a trivia question.

The "Heartbeat" is put together by a graduate assistant. According to Al Precourt, assistant director of Student Activities, the pamphlet's tone is a

reflection of the graduate assistant's personality. Currently, Johana Livingston is in charge of the "Heartbeat."

This year, each weekly issue contains a trivia question. This idea came from Livingston's fun-loving personality.

***The "Heartbeat" is an excellent way of getting events noticed and drawing more of a crowd to them.***

According to Precourt, the "Heartbeat" is also a reflection of Student Activities.

Both he and Livingston commented on the growth of layout appearing more professional and that it included more light-hearted

information.

The "Heartbeat" is posted on the "What's Happening!" and "Commuter Life" bulletin boards, and is also found in an envelope on the door of the Student Activities office.

The list of events published in the "Heartbeat" is compiled by filtering information off the monthly calendar and giving specifics about the events.

Any clubs, departments, students or faculty who would like to include their events should contact Johana Livingston.

Information needs to be given to Livingston before noon on Wednesday prior to the week that the host or sponsor wishes to have the event publicized.

**HEARTBEAT**

**The Women's Studies program is having a film screening of *Mildred Pierce* with a post panel discussion on Tuesday, Nov. 14 at 5:30 p.m. in Faculty Lounge.**

**All are welcome to attend.**



# ARTS & LIFESTYLES

## Angelou set to speak

### Special To Spectrum

Maya Angelou, one of the great voices of contemporary literature, will present her legendary wisdom in a solo appearance in the Academic Center at Sacred Heart University on Thursday, Nov. 30 at 8 p.m.

Admission for her lecture, which is sponsored by the University's Student Government Programming Board, is \$15.00 for the general public and \$5.00 for full-time Sacred Heart University undergraduates.

Angelou is an extraordinary poet, best-selling author, educator, playwright, civil rights activist, producer, director and actress. She received an Emmy nomination for Best Supporting Actress in Alex Haley's 1977 historic miniseries, *Roots*, and is now appearing in the popular film *How to Make an American Quilt* starring Winona Ryder.

Angelou delivered a stirring reading at President Bill Clinton's inauguration, captivating audiences with vigor, fire, inward reflection and perception. Her poem, "Just Give Me a Cool Drink of Water 'Fore I Die," was nominated for a Pulitzer Prize.

Hailed as one of the distinguished voices of current literature, Angelou is a remarkable Renaissance woman who continues to travel the world making appearances on college campuses, sharing her insight and passion.

Her background is as complex and diverse as the woman herself. Born Marguerite Johnson in St. Louis, she spent her childhood

in Stamps, Arkansas. Her family then moved to San Francisco. Determined to carve out a stage career, Angelou studied drama and dance; in 1952, she received a scholarship to study and dance with Pearl Primus in New York. She then joined the 22-country European tour of *Porgy and Bess*.

In this politically active pe-

riod, Angelou met and married a South African freedom fighter and went to live in Cairo and then Ghana. In both countries, she continued her writing as a journalist and became the first woman editor of the *Arab Observer* in Cairo, the only English-language news weekly in the Middle East.

Two of Angelou's works, "I Know Why the Caged Bird Sings"

and "Singin' and Swingin' and Gettin' Merry Like Christmas," were Book of the Month Club selections. "The Complete Collected Poems of Maya Angelou" was published in October 1994.

In the Sixties, at the request of Martin Luther King Jr., Angelou became the northern coordinator of the Southern Christian Leadership Conference. She was ap-



pointed by President Gerald Ford to the Bicentennial Commission, and by President Jimmy Carter to the National Commission on the Observance of International Women's Year.

In the film industry, especially through her work in script writing, Angelou has been a ground-breaker for black women.

She was the writer of the screenplay *Georgia, Georgia*, which was the first original script by a black woman to be produced. She has also done numerous musical scores for her own films and others.

In television, Angelou has made hundreds of appearances on both network and local talk shows, and her renowned autobiographical account of her youth, "I Know Why the Caged Bird Sings," was a two-hour TV special on CBS in 1979.

Angelou's awards and honors are unlimited in virtually every field.

She received the Chubb Fellowship Award from Yale University in 1970; a National Book Award nomination in 1970 for "I Know Why the Caged Bird Sings"; a Pulitzer Prize nomination in 1972; and a Tony Award nomination in 1973 for her performance in *Look Away*.

She was presented two awards by *Ladies Home Journal*, one for Woman of the Year in Communications in 1976, the other for the Top 100 Most Influential Women in 1983.

For information about her lecture, call the Sacred Heart University Student Activities office (203) 371-7736.

## Cine Club brings foreign films to campus

**Danielle Nolan**  
Assistant A&L Editor

Imagine this—it is a Tuesday night around 8 p.m., and you are bored out of your mind. You feel like curling up with a bag of popcorn and watching a good movie.

Well, now there is something for everyone to do on Tuesday nights. The newly formed French and Italian Cine-Club is a great escape from your homework and a great way to relax after a rough day of classes.

The club meets every other Tuesday night in the West Hall Great Room at 8 p.m. to show

classic French and Italian movies. Everyone is welcome and the movies are free to enjoy on the big screen TV.

Dr. Anita Suess-Kaushik, a foreign language teacher here at Sacred Heart, formed the club. The first movie ran on Oct. 24.

"We would like to give the students more exposure to the foreign languages they are studying and the cinema medium is the most effective," said Dr. Kaushik.

Dr. Kaushik also added that everyone is welcome. "You don't have to be a student, anyone can enjoy," she said.

Many of the movies have won awards in recognition of their qual-

ity. The first movie which was shown on Oct. 24 was *Jean de Florette*. It was about a Frenchman who inherits a farm and foolishly begins to become a gentleman farmer. The movie won four British "Oscars" and was chosen as one of the year's 10 best by 42 critics.

"It's very rare to see these movies in this country. They are \$6.00-7.00 in Fairfield and here they are free in the dorm, right in front of your bedroom," said Dr. Kaushik.

The sequel to *Jean de Florette*, called *Manon des Sources* (Manor of the Springs) will be shown on Nov. 21. Ten

years after *Jean de Florette*, Jean's daughter, Manon, appears in town and tragedy results.

*Il ladro di bicicletta* (The Bicycle Thief) will be shown on Dec. 5. It is about an unemployed man in Rome who finds a job to paste signs up for which he needs a bicycle. The bicycle is stolen and he and his son search for the thief and end up in trouble themselves. This was filmed in 1942 and is a great Italian classic.

The Cine-Club will continue through next semester also. Some possible choices for next semester are *La femme Nikita*, *Au revoir les enfants*, *La grande illusion*, and others.

All the movies are French and Italian movies with English subtitles. "They will give more opportunity for students to get real experience with foreign language," said Dr. Kaushik.

In addition to the French and Italian Cine-Club, there are also Foreign language tables to practice your languages. They are every Monday in the Faculty Lounge from 4:30 to 5:30. They are tables where you can sit and converse with others in French, Italian, and Spanish.

For information on either the Cine-Club or language tables call Dr. Anita Suess-Kaushik at ext. 7816.



## A&L BRIEFS

Compiled by Jason Mazaik

### *A marvelously tempting show arrives at the Stamford Center for the Art*

The Temptations and the Marvelettes are coming to town! If you are a fan of the 'oldie but goodies' then you'll know the Temptations for such songs as "My Girl" and "The Way You Do the Things You Do." The Marvelettes are known for such classics as "Please Mr. Postman" and "Too Many Fish In the Sea." This winning musical combination of the Temptations and The Marvelettes is scheduled for one show only, on Tuesday Nov. 28 at the Palace Theater. Tickets are \$38.00 and can be purchased by calling the box office at (203) 325-4466.

### *The National Library of Poetry sponsors poetry contest*

The National Library of Poetry has announced that \$24,000.00 in prizes will be awarded this year to over 250 poets in the North America Open Poetry Contest. The deadline is Dec. 31. To enter send any kind of poem to the National Library of Poetry, 11419 Cronridge Dr., P.O. Box 704-1942, Owings Mills, MD 21117.

### *The Downtown Cabaret seeks Connecticut talent*

The Downtown Cabaret Theater in Bridgeport, a professional non-profit musical theater, is currently accepting pictures and resumes for a number of upcoming projects. Musical/comedy performers should submit material to Richard C. Hallinan, Executive Producer, ATT: CT, Downtown Cabaret Theater, 263 Golden Hill Street, Bridgeport, CT 06604.

### *Sinbad's coming to town*

Hailed as a funny man, you'll recognize him from TV shows "The Sinbad Show" and host of "It's Showtime at the Apollo" and from top comedy clubs throughout the nation. He replaces Nell Carter originally scheduled on this date. The show is scheduled for Nov. 18 at 8 p.m. at the Palace Theatre in Stamford. Tickets are \$35.00. For them, call (203) 358-2305.

## SACRED HEART UNIVERSITY

**November 17, 1995**

7:PM Sacred Heart University  
(Ask for the Green Room)

Ticket Prices;  
\$5.00 General  
Admission  
\$3.00 for students



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FOR RESERVATIONS CONTACT CHRISTINA AT 365-4419

## What's Hot

### Modern Rock Top Ten!

- 1.) Lump performed by the Presidents of the U.S.A
- 2.) Name performed by the Goo Goo Dolls
- 3.) Hand in My Pocket performed by Alanis Morisste
- 4.) Geek Stink Breath performed by Green Day
- 5.) Comedown performed by Bush
- 6.) Possum Kingdom performed by Toadies
- 7.) My Friends performed by the Red Hot Chili Peppers
- 8.) A Girl Like You performed by Edwyn Collins
- 9.) Tomorrow performed by Silverchair
- 10.) I'll Stick Around performed by the Foo Fighters

### Adult Contemporary Top Five :-)

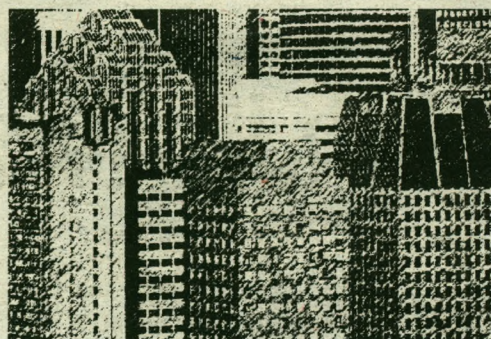
- 1.) Kiss From a Rose performed by Seal
- 2.) As I Lay Me Down performed by Sofie B. Hawkins
- 3.) Only Wanna Be With You performed by HOOTIE!
- 4.) Run Around performed by Blues Travler
- 5.) I Can Love You Like That performed by All For One

### Top Five Video Rentals!

- 1.) Pulp Fiction
- 2.) OutBreak
- 3.) Kiss of Death
- 4.) Just Cause
- 5.) Don Juan Demarco

Compiled from Billboard magazine

## ETHICS AND Architecture



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Schine Auditorium

Reservations Recommended

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SACRED HEART UNIVERSITY

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# Three times the fun

## Are you happy? You should be! It's three album reviews

By Keith Harrison  
College Press Service

"Trace"  
Son Volt  
Warner Bros.  
4.5 (out of five) stars

It's a rock'n'roll truism that when a great band breaks up, its individual members will put out discs that pale in comparison to the group's work. For proof, just check out the post-breakup efforts by members of the Beatles, Led Zeppelin, the Clash, Talking Heads and the Replacements.

So it seemed like bad news when the Missouri-based Uncle Tupelo called it quits last year, just as they seemed to be on the verge of gaining a sizable national following. Yet this has been a divorce that has produced not just one, but two remarkable new bands.

Tupelo had been among the leaders of a growing musical field alternately known as Americana, alternative country, roots rock, and No Depression—the last of which also being the name of Tupelo's first disc. Not surprisingly, both Tupelo spin-off bands mine this same musical territory.

Jeff Tweedy's Wilco struck first, issuing the fine "A.M." earlier this year. "A.M." continued in the vein of Tweedy's contributions to Tupelo, with gentle, country-flavored rock and pop rubbing shoulders with a few more raucous tunes.

Now comes the debut disc from Son Volt, the new band formed by Tupelo's other co-leader, Jay Farrar.

As was the case with Wilco's debut, "Trace" offers few surprises for those familiar with its writer's contributions to Uncle Tupelo. And once again, the disc is a keeper.

Farrar produced the darker, more volatile material in Uncle Tupelo, and many of the songs on "Trace" bear that same sound. Farrar sounds like Neil Young without quite as much of a nasal twang, and he sings with a sense of resignation on songs such as "Tear-Stained Eye."

Throughout much of this disc, Son Volt seeks the point where rock meets traditional country, with fiddle, bahjo and lap steel coloring much of the quieter material. But Farrar also knows how to tear it up, and songs such as "Route" and "Drown" bristle with the kind of crunching guitars that made Seattle famous.

What remains a mystery, after listening to the Wilco and Son Volt discs, is why Farrar felt that he needed to break up Uncle Tupelo in the first place. He has cited "artistic differences," but it's difficult to hear much evidence of that on these records.

Regardless, the small but notoriously rabid legion of Tupelo fans now can regard the breakup of their favorite band as a godsend of sorts. Now they've got two great bands to follow, and twice as much outstanding new music to enjoy.

"This is the Shack"  
The Dove Shack  
RAL Recordings  
No stars

Well, here's a surprise: Yet another disc from proteges of Warren G that combines laughably insincere R&B harmonizing, thoroughly pedestrian rapping skills and stultifying generic West Coast beats.

And then there's the subject matter. Given a worldwide forum to express any thoughts that they might have, the three hacks in the Dove Shack fill this disc with hateful attacks on women, idiotic boasts of gang violence, and endless references to dope smoking as the quintessential human activity.

For anyone who might have missed the messages in the music, the group includes several between-song "skits." One is a fake commercial for a new device—a club—guaranteed to keep women in line, and another is a vignette that essentially portrays a gang rape.

The real humor on this disc, though, is unintentional. The Dove Shack rappers spend so much time paying homage to Warren G that they come off as toadies, simple sidekicks clamoring for a morsel

of recognition from their patron.

It wasn't long ago that rap was the most important music being produced in the world, rough and raw but also complex, smart and completely original. The brain-dead pretenders in Dove Shack are emblematic of how far rap has fallen since then.

"I Should Coco"  
Supergrass  
Capitol  
1 star

For years the rap on U.S. rock fans was that they only listened to dinosaurs like Aerosmith or the Stones, and automatically rejected almost every new band or artist.

Fans in Great Britain had the opposite character fault; ever in search of the Next Big Thing, each month they enthusiastically proclaimed a new savior for rock'n'roll, and tossed last month's savior onto the trash heap.

Thanks to Nirvana, America has been a bit more hospitable toward new acts in recent years. But the Brits apparently are still practicing their revolving-door idol worship, and the current flavor of the month is Supergrass.

The guys in Supergrass play pop tunes. But this is evil pop, high-pitched and unbearably smarmy bleating that has more in common with Donny Osmond than early Lennon/McCartney. Think Bay City Rollers but with less colorful outfits.

"I Should Coco" is almost relentlessly grating, with sing-song choruses backed by shrill piano pounding. The band does stop mugging around on a few songs but the resulting light psychedelia is more of a relief than an accomplishment.

This kind of chirpy pop music used to be subjected to merciless skewering on the British cult comedy series "The Young Ones." But what goes around comes around in the music world, and it comes around even more quickly in England.

Fortunately, there will be another new trend coming right around the corner any day now, and Supergrass will never be heard from again.

## Television: time for a reality check

Brendan D. Casey  
Contributing Writer

What's the biggest problem with TV today? The reality of it.

I was watching a recent episode of the ABC sitcom *Family Matters* and the poor family had problem after problem. They had problems with school, dating and their neighbor Erkel. But, to everyone's relief, by the time the twenty-four minute show was over all the problems were solved. This is reality?

Just think. "Americans watch 120 billion hours of TV collectively every year," according to Lena Williams in a recent *New York Times* article.

If we spend so much time in

front of this device, what do we watch?

"Whatever is on," according to William Kelly, a Sacred Heart University junior.

According to many of the students that I have talked with, some of their favorite shows included ESPN's *Sports Center*, MTV's *Road Rules* and *Real World* and HBO's *Larry Sander's Show*. From a report on sports to a peek into the real lives of real people, to a real look at an unreal show, each of these shows has an entirely different approach.


Justin Mokerzecki, a SHU sophomore media studies major who's favorite show is *Home Improvement*, explains that "the only way Americans can go without

watching TV is by being completely occupied with something else such as work, athletics, etc. If they have any free time at all, then TV is their void filler."


SHU junior media studies major Kristen Lalla says that "except for a few shows on MTV, I think that most shows are a cheesy and unrealistic look at life."

I would be wrong to disagree. Shows such as NBC's Thursday night line up of *Friends*, *The Single Guy*, *Seinfeld*, *Caroline in the City* and *ER* range from being about "nothing" to a show about "life and death." All of these shows do appear in the Nelson ratings' top five.


That's reality.



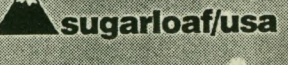
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Comix Page

calvin and hobbes by waterson © 1995

THE INTREPID SPACEMAN SPIFF IS STRANDED ON A DISTANT PLANET.

...OUR HERO RUEFULLY ACKNOWLEDGES THAT THIS HAPPENS FAIRLY FREQUENTLY...

TO SURVIVE, SPIFF MUST...  
.. FIND... FOOD!

SPIFF FOLLOWS A SCAVENGER MORDON! PERHAPS THERE'S A FRESH KILL NEARBY!

UGHHH! THE STENCH! OUR HERO BECOMES A VEGETARIAN ON THE SPOT!

BUT THE GRASSES ARE INDIGESTIBLE! THE FRUIT IS POISONOUS! THERE'S NOTHING TO EAT AT ALL!

WEAK AND DESPAIRING, SPIFF PEERS INTO A FROZEN GEYSER PIT! WHAT'S DOWN THERE?

ICE CREAM SANDWICHES! OUR HERO IS SAVED!

THAT'S NOT VERY HEALTHY.

I ONLY NEED TO SURVIVE UNTIL I CAN ESCAPE, OUR HERO MUTTERS GRIMLY.

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THE CREEP  
By CHRIS BELEZNAV

THE LIVING BRAIN IN A PERFECT WORLD...

HELLO THERE, GIRLS!

HE'S A REAL DREAMBOAT

ME LIKE WHAT ME SEE

CHECK OUT THE SIZE OF HIS LOBES

THEY'RE HUGE

SIGH

WHY CAN'T GIRLS JUST LOVE ME FOR MY ASS?

Calvin and Hobbes  
By Bill Waterson

A BIG PART OF LIFE IS BORING ROUTINE. I NEED MORE EXCITEMENT.

SO TODAY, I'M GOING TO HAVE A NEW KIND OF CEREAL!

THIS CEREAL DOESN'T HAVE ANY CHOCOLATE FROSTING. IT HAS FIBER AND RAISINS.

OF COURSE, A BIG PART OF LIFE IS HORRIFYING SURPRISE. ROUTINES CAN BE COMFORTING.

WE TIGERS PREFER TO INFLICT EXCITEMENT ON OTHERS.

THE Crossword

ACROSS

1 Menu item  
5 Musical instrument  
10 Ego  
14 Horseman's game  
15 Artist's stand  
16 Border lake  
17 Culture medium  
18 Place for sports  
19 Mud  
20 Beer stein  
22 Kind of illusion  
24 Petroleum  
25 Illegal fire setting  
26 Sassy  
30 Pencil rubber  
34 Stock exchange membership  
35 Drunkard  
36 Musical refrain  
37 — Vegas  
38 On a horse  
41 Boar  
42 Penetrate  
44 Auxiliary verb  
45 Sheepfold  
46 Vaporizes  
48 Snares  
50 Send payment  
52 Paddle  
53 Burned with liquid  
56 Betrothed  
60 Cab  
61 Depart  
63 Carry-all  
64 Stare at amorously  
65 Burdened  
66 Orchestra instrument  
67 Look at  
68 Tilt  
69 Peel

DOWN

1 Little fight  
2 Roman garb  
3 Verve  
4 Exercise class item  
5 Brave  
6 Animal fat  
7 Expend

8 Pavarotti, for one  
9 Pass by  
10 Instructional meeting  
11 — the Red  
12 Italian money  
13 Sense  
21 Assistance  
23 Rich cake  
25 Lure  
26 Capri and Wight  
27 Intended  
28 Glue  
29 Negative  
31 Flavor  
32 Cream of society  
33 Becomes incensed  
38 Provided guns for  
39 Nest egg letters  
40 One giving a sworn statement  
43 Previously  
45 Museum head

ANSWERS

1	2	3	4	5	6	7	8	9	10	11	12	13
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# SACRED HEART UNIVERSITY WELLNESS WEEK

## NOVEMBER 12th - 18th, 1995

### Schedule of Events

#### Sunday, November 12th

- 1pm Ultimate Frisbee in the Quad. *Sponsored by Intramurals.*
- 1pm- 4pm Flag Football at the Football Field. (See schedule for teams playing.) *Sponsored by Intramurals.*
- 3pm "Ritz Crazed Days" in the theater. *Sponsored by University Theater.*
- 9pm Mass in the Dining Hall

#### Monday, November 13th

- 8am Senior Scholar Breakfast in the Faculty Lounge. *Sponsored by Career Services.*
- 12pm Eric Rutberg and Jocelyn Novella will be introducing and presenting Wellness Certificates to a Staff member and a student for the month of November in the Dining Hall. *Sponsored by the Wellness Center.*
- 8pm Come relax and learn the art of Shiu tsu and massage with Sr. Valerie Lordi in the West Hall Great Room. *Sponsored by Campus Ministry.*
- 8pm Monday Night Football in the pub. *Sponsored by the Pub.*
- 9:15pm Play Therapy with Kerry Mahoney in the West Hall Great Room. *Sponsored by West Hall R.A.'s*

#### Tuesday, November 14th

- 9am-4pm The Wellness Center will be hosting Interviews with DWorken and Hillman Accounting Firm in the Conference Center of the Wellness Center. *Sponsored by the Wellness Center.*
- 12pm The Wellness center will present a Nutrition Check-in program which will consist of the discussion of a film titled "Famine Within" (time aprox 2 hrs.) in the Mahogany Room. *Sponsored by The Wellness Center.*
- 3pm-5pm Taft Hall will be having an Open House at Taft Hall. All are welcome. *Sponsored by Taft Hall Council.*
- 8pm There is a forcast for a Heatwave in November in the pub. *Sponsored by the Pub.*

#### Wednesday, November 15 is Hunger Awareness Day!

- 10am-2pm The University Health Services will be sponsoring a Health Fair in the Gymnasium. The Counseling Center will be distributing information regarding Students Against Destructive Decisions (SADD).
- 11am A Resume Workshop will be held in the Conference Center of the Wellness Center. *Sponsored by Career Services.*

#### (Wed. Cont.)

- 1:30pm An Internship Workshop will be held by Dr. Nina Clark in the Mahogany Room. *Sponsored by Career Services.*
- 5pm There will be a student run Prayer Service in conjunction with Hunger Awareness Day in the Chapel. *Sponsored by P.E.A.C.E. and G.E. Scholars.*
- 8pm "Eating Smart" with Sharice in the Parkridge Common Room. *Sponsored by Parkridge R.A.'s.*
- 9pm Class of '96 Class Night in the Pub. *Sponsored by Class of 1996.*

#### Thursday, November 16th is National Smoke Out Day!

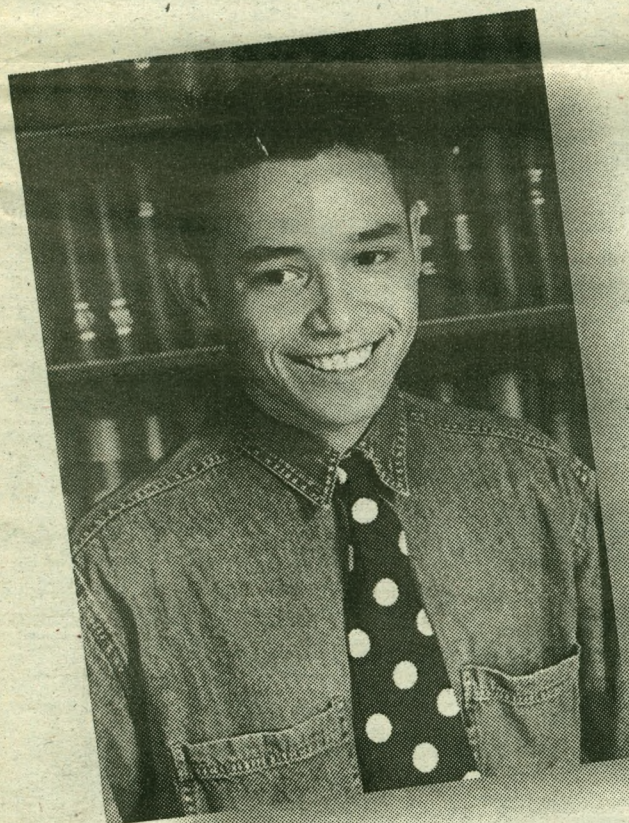
- 12pm Cafe Wellness hosted by Eric Rutberg and Jocelyn Novella in the Dining Hall. *Sponsored by the Wellness Center.*
- 4:30pm Find out what your "E.Q." is when Jocelyn Novella and Eric Rutberg present "The Emotional Quotient" in the Dining Hall. *Sponsored by the Conseling Center.*
- 7pm Bowl at the Bowl-a-thon held at the Circle Lanes. *Sponsored by the Cum Laude Society.*
- 7:30pm Find out about "The Importance of Dreams" hosted by Eric Rutberg in Jefferson Hill, Building 1 Study Room. *Sponsored by the Conseling Center.*
- 8pm Come see the Snap Nite Party in the Pub. *Sponsored by the Carribean Club and Omega Phi Kappa.*

#### Friday, November 17th

- 1pm Discovery In-Service will be available under the direction of Eric Rutberg in the Park Avenue House Career Services.
- 7pm SHU Fashion Show in the Mahogany Room. *Sponsored by the International Club.*
- 7pm Movie "Mad Love" in the Schine Auditorium. *Sponsored by the Program Board.*
- TBA Freaky Friday Movie at the Crown Marquis Theater. *Sponsored by the Student Union.*

#### Saturday, November 18th

- 11am Come run in the Turkey Trot and win a Thanksgiving turkey. Look for details in the Student Activities Office. *Sponsored by Intramurals.*
- 2pm & 7pm Movie "Mad Love" in the Schine Auditorium. *Sponsored by Program Board.*
- 5:15pm Bus departs to Pioneers Away Basketball game.
- 10pm Dance Party in the Pub. *Sponsored by the Program Board.*



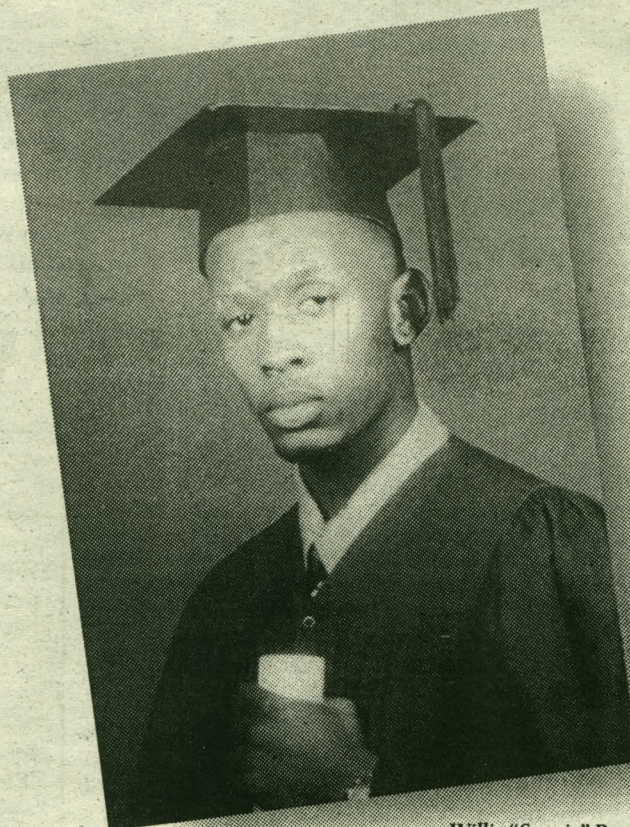
Aaron Rodriguez  
Ballplayer freshman year.  
Little League Coach sophomore year.  
Killed junior year.  
December 28, 1993  
San Antonio, TX

If you don't stop someone from driving drunk, who will? Do whatever it takes.

**FRIENDS DON'T LET FRIENDS DRIVE DRUNK.**



U.S. Department of Transportation



Willie "Sunnie" Prevo  
Graduating: June 4, 1992.  
Killed: May 28, 1992  
Cleveland, OH

If you don't stop someone from driving drunk, who will? Do whatever it takes.

**FRIENDS DON'T LET FRIENDS DRIVE DRUNK.**



U.S. Department of Transportation



# Men's ice hockey suffers loss to Fairfield

**Kerri Anne Mahoney**  
Staff Writer

On Sunday, the SHU hockey team had their first game against cross town rival Fairfield University. The final score of the game was 4-2 Fairfield, but SHU held their own.

Fairfield scored three goals in the first period, the second being on a power play. About 14 minutes into the game, Sacred Heart pulled their starting goalie, Art DeGaetano, and replaced him with Bill Sawyer. Art had two saves during his time in net. Once the second period rolled around, SHU really woke up. Bill had a tremendous game, with 20 saves total. The fourth and final goal of the game was scored on an empty net with 20 seconds left in the game.

The game was plagued with

penalties from both teams, mostly in the second period, where SHU came back to score two goals. The first goal, at 4:34 in the period, was scored by junior defenseman Chris Baker, and assisted by Mike Silvestro. The second goal of the game was scored by newcomer Neil Welch, and assisted by Jon Yackmack.

The star for SHU, was Bill Sawyer. Bill, a senior from Ogdensburg, NY, played his heart out in Sunday's game. 12 of his 20 saves in the game were in the second period. Bill put a tremendous effort into the game, and it showed. Jon Yackmack, team captain, said, "Bill did a super job. He was put in a tough position, coming into a game when we're down 3-0. That's asking a lot of a goalie. Bill made a lot of tough saves, he shut down Fairfield, and he gave us a chance to come back, we just couldn't get a break."



Pioneer men's ice hockey captain brings down the puck for a shot on goal Photo by Chris Nicholson

As Coach Glynne said last week, the Fairfield game was a test of how good they are, and how bad they want it. Yackmack said, "The first ten minutes of the first period we started slow, but then we turned it around and played well the rest of the game. We out shot Fairfield 34-22. They got a

couple of goals early and that took a lot out of us, but in the end, we played really well overall."

Bill Sawyer echoed Yackmack, saying, "Things didn't go our way. We came out flat the first period, and then we turned it around. We just couldn't get a break."

Friday is the team's home opener at Milford Ice Pavillion against Assumption College. The game starts at 7:00 p.m., and the shuttle leaves from school at 6:30 p.m. SHU hockey also travels up to Vermont this weekend to play against Norwich. It should be an exciting weekend.

## Bowlers place 11th

**Mark Taylor**  
Contributing Writer

This past weekend, the Sacred Heart men's bowling team competed in the Brunswick Great Lakes Collegiate Classic held at Northwest Bowl in Palatine, Illinois. It was the first time in four seasons that the Pioneers competed in this tournament.

The squad consists of seniors Chad Autore, Chris Pepice, Mark Taylor, Joe Tomko and Dave Campbell. First-year student Gil Barkman and graduate student Jeff Vernick also contributed to the team's success.

The bowlers finished 11th out of the field of 42 teams that competed. Many of the teams present at the tournament are ranked in the top 20 nationally, including three time defending National Champion Wichita State and runner-up

West Texas A&M.

For the tournament, Taylor and Autore were in the top 50 out of almost 250 bowlers. They led the team averaging 212 and 210 respectively. Taylor also tied for the high game of the tournament with a 289. Barkman contributed a big 258 in the Pioneers key position round victory over nationally ranked Vincennes University.

Following a very slow start to the current season, the Pioneers were looking to rebound with a good showing in Palatine. Head Coach Bob Burlone was pleased with the performance of the squad, noting how well everybody worked together as a team under the pressure of the first major tournament of the season.

The Pioneers are now among the top teams in the country and Coach Burlone described the possible future for his squad. "With continued dedication and practice,

they have a legitimate shot at competing for the National Championship," said Burlone.

The players were also very pleased with their performance over the weekend, but agreed with Burlone that small improvements still must be made and that continued dedication must be present in order for the Pioneers to be one of the top contenders for the National Championship.

This coming weekend, the Pioneers host their only home tournament of the year when they hold the second of four conference meetings of the Eastern Intercollegiate Bowling Conference.

The tournament will take place this Saturday at 1:00 p.m. and on Sunday at 10:00 a.m. at Circle Lanes in Fairfield. St. John's University and Bryant College head the list of teams who will be competing.



Donny-Fowler brings the ball downfield Photo by Chris Nicholson

## Football: Pioneers hope for .500 record at end of season

pared to games past. "These guys came to play. We were able to execute very well and our blocking was superb. I was also very pleased with our passing game. We were able to throw long with much success," he said.

The steady performance of the defense was also high on Reho's list. "Our defense played well. Everyone did their jobs. Our secondary had a very good game. We had a few interceptions. Overall I'm pleased with their performance."

The players themselves felt pleased about Saturday's win. Junior defensive end Scott Kohler knew that the team was ready for this game. "We worked hard this

week in practice and came ready to play. This win came from dedication and hard work," he said.

Another bright spot for the Pioneers is the All-American candidate, junior fullback Brian Ihlefeld. Ihlefeld has rushed for 960 yards in only eight games and is the leading rusher in SHU history. He is currently ranked in the top 10 in Division II for yards per game.

Reho is speechless about Ihlefeld who rushed for 188 yards this past Saturday. "He's a great running back. He runs hard and never gives up," said Reho.

The Pioneers host Pace this Saturday at 1:00. A .500 season can still be attainable by this squad.

## Women's basketball set to start

**Megan Keefe**  
Sports Writer

The women's basketball team opens up Saturday November 18th against Bentley College in Waltham, Mass.

SHU, who finished 11-16 a year ago, was picked 6th in the pre-season coaches poll for the NECC.

Both the coaching staff and players have a positive outlook on the upcoming season.

"Our goal is to improve with each game and hopefully in the end we will be the last team standing," said Head Coach Ed Swanson.

According to Swanson, this year's squad, which includes seven freshmen, has many strengths. He believes success will come from size, speed, experience and depth.

"Of course, we have a couple of weaknesses at this time, but we will be working on them in practice," added Swanson.

Senior forward Kim McCullion believes this team differs from those in the past due to the fact that everyone seems to know their individual role.

"We have great leadership and I think we're coming together as a team," she added.

In previous seasons, certain players needed to adjust to new positions, but this year, everyone will be playing in their own legitimate spots, which Swanson attributes to the freshmen recruiting class.

Junior guard Beth Huber, who was second in scoring last season with 10.2 PPG, agrees that the team is young, but feels that the freshmen will have the opportunity to contribute.

"So far, we're all having fun and playing hard. But we all have one common goal, and that's to win," said Huber.

Returnees include McCullion, Huber, senior center Denise Schatz, sophomore forwards Maureen Delaney and sophomore guards Kelly Lague, Jessie Brosseau and Chrissie Perkins, NECC Rookie of the Year and team leading scorer netting 11.6 PPG.

Newcomers include Jen Rimkus from Naugatuck, Conn., Angela Perkins from Londonderry, N.H., Shannon Walsh from Rutherford, N.J., Jessica Bresnahan from Nashua, N.H., Katie Flavin from Weymouth, Mass., Amanda Brennan from Bonville, Mass. and Jen Managhan from Lowell, Mass.

First game is Nov. 21 home.



	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.
Football			Pace 1:00pm				
Hockey		Assumption 7:00pm	at Norwich 3:00pm				at Wentworth 8:30pm
Men's Basketball							
X-Country			at Div. II ECAC's				
Women's volleyball		at NECC's TBA	at NECC's TBA				

## Demirgian named NECC star

**Kevin Carroll**  
Assistant Sports Editor

The Sacred Heart Men's and women's cross country team traveled to Saratoga Spa State Park in Saratoga Springs, NY, this past week to participate in the 1995 NCAA Division II East Regional Cross Country Championship.

Carrie Demirgian, the freshman sensation from Broad Brook, CT, led the way for the women as all of the seven team members finished the race with either seasonal or personal best performances over the 3.1 mile course.

Demirgian, who has been one of the top runners in the Northeast for Division II came in with a 53rd finish out of 216 runners with a time of 19:42. After starting off

hot as one of the top 15 in the race, Demirgian soon went down in a thirty runner pileup and was never able to gain her way back to the lead pack. After the race, she was awarded All-New England Collegiate Conference honors for her performance this season.

"Carrie has been great all season," said cross country head coach Christian Morrison. "I kind of expected her to make All-NECC."

Rounding out the top seven for the Pioneer women were sophomore Shannon Heald placing 97th at 20:35; fellow sophomore Stephanie Smith came in 130th at 21:02; freshman Theresa Flood place 134th with a time of 21:06; Jill Scott, a junior, came in at 167th, with a time of 21:55; freshman Lisa de Burgo finished

186th at 22:41 and sophomore Colleen Demirgian 208th at 23:57.

Sophomore Dan Weinstein from Ansonia, CT, led the Pioneer men's finishing 136th out of 225 competitors, completing the 10,000 meter course in 35:21.

As for the rest of the men, Rick Janocko, a freshman finished at 145th with a time of 35:33; sophomore Brian Young placed 189th at 37:20 and freshman Gregg Doucette placed 191st at 37:26.

"The men have come a long way this year," adds Morrison. "I would like to see them finish strong this year."

The cross country team will travel to the University of South Carolina at Spartanburg next Saturday. Starting time has yet to be announced.

# Zig on Sports

The time has come for professional football to restructure its governing body. It is obvious that the league can no longer govern itself.

In the past year two teams packed up and moved out of Los Angeles. One team, the Los Angeles/Oakland Raiders, was denied permission from the league to move. They moved anyway. The league showed that they were powerless against Raiders owner Al Davis. They tried to force him to stay in LA, but backed down when confronted. A dangerous precedent was set. Maverick owners such as the Cowboy's Jerry Jones now put their own interests ahead of the league's.



This past Monday, Art Modell, owner of the Cleveland Browns, announced that he was moving his team to Baltimore. The Browns had a rich and storied past in Cleveland. It is the birth of the "Dog Pound" (a section in the endzone where rabid fans throw dog biscuits after touchdowns). Jim Brown, arguably one of the best running backs of all-time, played there. Paul Brown, the man who gave us modern day football coached there. So much tradition is going to be lost.

Modell is leaving the city that he has called home for the past 35 years, for a quick buck. Do you think that his wife might just be getting a little bit nervous?

Many believe that Modell feels that he can't keep up with Jones' wallet if he were to stay in Cleveland. Don't look for sympathy from Jones, he just filed a \$750 million antitrust suit against the league. It seems that Jerry doesn't know how to share his toys with the other owners. He has packed up his stuff and gone off to play by himself. Poor Jerry. He doesn't have enough confidence in himself to believe that he can beat other teams without bending the rules.

Now that Cleveland has moved, the Cincinnati, Houston and Tampa Bay franchises are talking about moving to greener pastures. I remember a couple of years ago I thought that free agents leaving teams every five years was bad, but teams leaving cities is horrifying. Instead of getting accustomed to new players every year, we are going to have to get accustomed to different cities.

The NFL has to make a stand before it is too late. The greatest asset all these teams have is their fans. For over 40 years loyal fans have been buying tickets and going to the games to support their Browns. Now they are given a pat on the back, told how much they were appreciated and sent home to watch the NFL on Fox.

Don't you see the problem here?

Professional franchises shouldn't be the property of one man. They should be the property of a community. To many fans, their teams are a part of their family. Who hasn't had a relative come over the house and demand that Thanksgiving dinner be served later because their team was playing at four o'clock?

It takes years to create fans like that. Years of suffering along with moments of jubilation makes someone a diehard fan. It won't mean as much to Baltimore if the Browns win it all next year. Cleveland has waited 30 years for a chance to win the Super Bowl. Those are the fans who give a damn.

Football is no longer played in Los Angeles. A third team is moving, with more threatening. Be warned, good fans, of Oakland, St. Louis and Baltimore. Your teams have moved before and just might again. The pursuit of the fast buck seldom leads to success.

## Equestrian does well in show

**Clare Cardo**  
Contributing Writer

With 22 riders now, the Sacred Heart Equestrian Team can make an impact not only as individuals, but as a team as well. This type of teamwork and dedication was prevalent in the competition this past Sunday.

The equestrian team traveled to Mid-Island Arena to compete in the third show of the season.

The show, hosted by Molloy College, began with fences in the morning and flat work in the afternoon.

Specific riders were chosen for the day to ride for team points. Those riders were able to accumulate enough points for the team to capture the champion ribbon for the day.

The Lady riders had some outstanding performances for the day in each individual class. In the open divisions, Christina

Holmgren placed first in her fences class and Amy Spaulding proved her skills by coming up with a second place finish in both of her classes.

Other riders who came up with first place finishes in their individual classes were Jen Kotkin, Kristen Lutz, Tara Therdux and Vicki Sajewicz.

The team has two more shows this semester.

Both shows will be held in Long Island.

## Men's basketball spank Antigua

**Kevin Carroll**  
Assistant Sports Editor

Last Saturday the Pioneer men's basketball team opened their season against the Antiguan National Team here, in the SHU Gymnasium, or the SHU Box if you prefer and came away with an opening game victory as they pounced on the Antiguan's 96-56.

The Pioneers started off strong scoring 48 points in the first half, while Antigua could only muster up a mere 24 points. At no point was there any question SHU would come out on top.

In the second half it was more

of the same with Sacred Heart once again coming up with 48 points and Antigua with 32.

"I was really satisfied with the way the season is starting out for us," said Kevin Vulin, the Pioneer senior center. "I think the team is coming together nicely and we should have a successful season."

Vulin recently received Pre-season second team All-conference honors for the Pioneers and in the season opener had 6 points to contribute to the pioneer victory.

As for the rest of the Pioneers, John Rendazzo led the team with 18 points followed by Jasson

Brooks with 14.

"I like the competitiveness of the team this year," said head coach Dave Bike. "Everyone seems to be playing hard and unselfish so far."

Bike went on to say that this first game was just really a chance to see everyone play and that the competition will probably get tougher once the season gets started.

The Men's basketball team was picked in the league coaches pole to finish 7th out of the 11 teams this season, and will open the season for real at Quinnipiac College in New Haven, CT. on Saturday Nov. 18 starting at 6:00pm.

## Rugby: X-Men regroup

The ruggers finally broke a play of their own as Greg Dunn took a pass from George Flag and brought it in for a score to help the good guys out and making it a 15-11 game.

Iona didn't sit down too long and on a penalty call they kicked one in and increased their score column to 18 while the X-Men stayed at 11.

But that 18 points for Iona

changed again as they scored on a tri which now made the score 25-11.

After a series of rucks and mauls by the pack, the ruggers broke a play of their own as Ryan Dasilva took a dirty ball and battled his way into the tri-zone to put the final score at 25-16.

The X-Men played their hearts out but it just wasn't meant to be as time expired and they





# SPECTRUM SPORTS

## Pioneers crush Curry 62-14

### Gridders end five game losing streak with win

Joe Collett  
Sports Editor

The Pioneers ended one kind of streak this past Saturday on Campus Field by crushing Curry College 62-14. Head Coach Gary Reho hopes that his squad can ignite a new kind of streak for the remaining two games, a winning streak.

The Pioneer's morale has certainly picked it up a notch after coming off a five game losing streak. This overpowering win against Curry certainly raised the team's expectations for the remaining two games. "This was a big win for us, we raised our level of play and execution. If we play this way next week, we should be able to beat a good Pace team," said Reho.

The scoring came often and early for the Pioneers. In the first quarter, the Pioneers put points on the board by a 22 yard touchdown

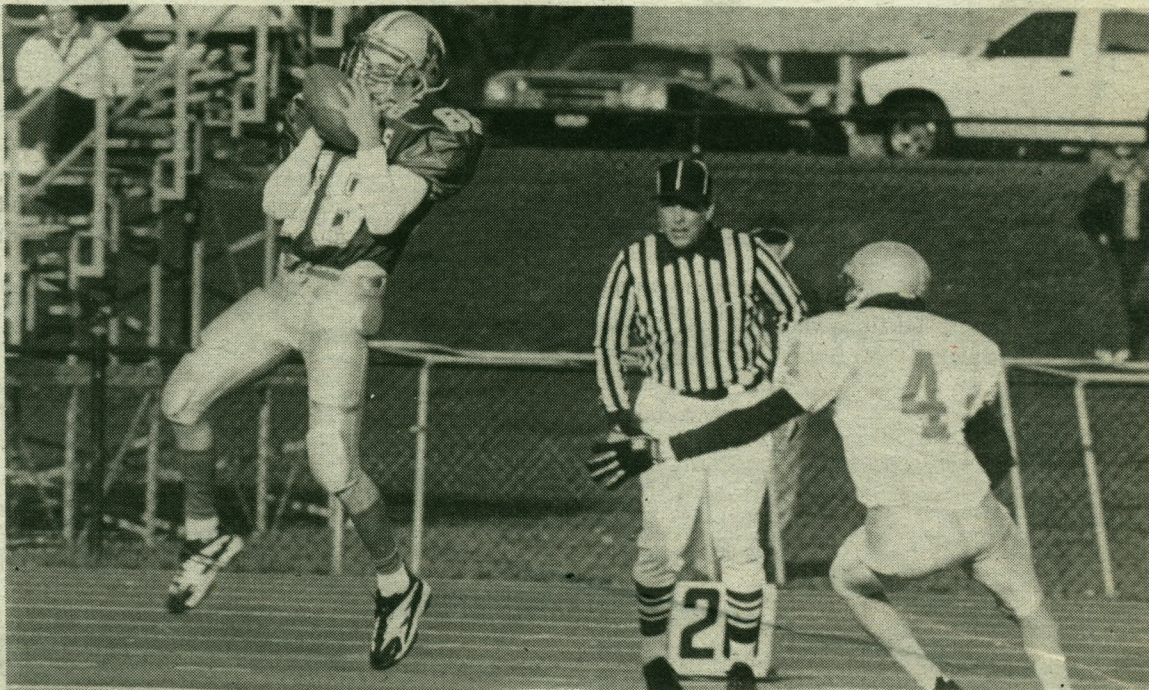
pass from Matt McGreevy to Ray Sizensky. Curry came right back with a touchdown of their own. On a special teams botch, Curry's Mike Leone returned a kick-off for an 83 yard touchdown run.

McGreevy lit the scoreboard up again by throwing a four yard touchdown pass with 2:33 left in the first quarter. With that quarter coming to a close the score was 12-6. This was the closest that Curry would come to the Pioneers.

The second quarter alone produced 30 unanswered points for the Pioneers. The SHU offense just rolled over whatever Curry threw at them. At the half, the Pioneers were skyhigh with the score 42-6.

The second half proved to be as plentiful for the Pioneer's offense as the first half. With 10:37 left in the third quarter, McGreevy threw a 47 yard touchdown bomb to his favorite target, Ray Sizensky.

The fourth quarter signified



Receiver Dave Gallagani catches a touchdown pass

Photo by Chris Nicholson

the end of any comeback for Curry as the Pioneers put in two touchdowns by freshman running back Terrence Washington. Curry was

able to put in one more touchdown with :01 left in the game on a one yard run by A.J. Vieira which left the score 62-14.

Coach Reho felt that the offense was much improved as com-

See Football, page 14

## Men's soccer ends season on strong note

*First time in four years that the squad finished with a better than .500 record*

Stephen Soroka  
Contributing Writer

The men's soccer team completed its season last Saturday with a tie to the University of New Haven, 0-0.

SHU finished its season by not allowing a goal in the last three games, and one of the most impressive outcomes of this strong defense was a 0-0 tie with Franklin Pierce College, ranked 2nd in the country.

The strong wind seemed to keep both offenses at bay for this game. The Pioneers played a ball controlled offense which seemed to be a different game plan for the University of New Haven.

SHU's defense caused New Haven's offense to basically shut down. The Pioneer's offense wasn't very active either.

SHU couldn't get the ball in the net and have only scored six goals in the last nine games. The final product for this game produced a 0-0 score. Both team's offenses fell asleep while the defenses were in full force and seemed to dominate the game.

New Haven goalkeeper Joshua Faris came up with some big saves in regulation and in overtime in which he saved 11 shots on goal by the Pioneers. Derek Del Cegna recorded the stalemate with four saves. Del Cegna ended up finishing the season with an incredible resume builder of six shut-outs.

The men's soccer team finishes at 9-8-2 overall and 3-5-2 in the NECC. The men finished over .500 for the first time in four years and hope to improve this record next year with only three seniors leaving the squad.

## X-Men lose to Iona

*Ruggers fall short in Met Union Title championship match against Iona*

Shawn Pattie  
Contributing Writer

Last Sunday, the X-men travelled to Vassar College to take part in a one day rugby tournament. To the victors went the prize of the Met Union Title. This was something that the ruggers were going to have to prove their worth for.

The X-Men's first opponents were Rutgers and you could tell right from the opening kick that it was going to be a hard fought game.

The teams battled back and forth, trying to gain position until a penalty by Rutgers and a number of nice rucks and mauls by the SHU pack set up the first points of the game.

After another scrum won by the X-Men, Eric "Bird" Bacik put up a perfect drop kick from 20 meters out to put the good guys up 3-0. A few minutes after this, Pete Malanga took the ball from a ruck by himself and sprinted 22 meters for the first tri of the game.

After a kick by Paul "Chavez" Engo, the X-Men were up 10-0 with minutes remaining before the half.

But the scoring wasn't done yet as "T-Bone" Baker stripped

the ball from a pack player and got it out to the backs. What happened next was classic X-Men rugby, as Ryan Dasilva made a perfect pass to George Flagg, who then got the ball out to Diego Arias who took the ball in for the score. After another kick by "Chavez", SHU was up 17-0 at the half.

The X-Men came out fired up and battled back and forth with Rutgers trying to gain ground, but neither team could score. Minutes later, Rutgers saw their chance and went for it by scoring which brought the score to 17-5.

This got the rugger's heads back into the game and got them focused. Their only goal now was to put up one more score to seal the game. This they did.

After another series of rucks, it seemed Rutgers had gained the advantage and were going to score, but out of nowhere came Diego Arias, who stole the ball from a Rutgers player and sprinted to the tri-zone for the score.

After yet another kick by "Chavez" the X-Men were up 24-5 with only minutes to play. Rutgers tried one last time to make a comeback by scoring again, but the X-Men won the game with a 24-10 score and were on their way to the championship game with

Iona.

The championship game against Iona for the Met Union Title started off slow. Both teams battled for position, but no points were being put on the board.

Eventually Iona broke through the X-Men and lit up the scoreboard first to put the game at 7-0. But Iona didn't stop there. They again broke through the ruggers defense and lit it up making the score a 12-0 Iona advantage.

The X-Men didn't sit on their tails and rallied back with a score of their own on a "Chavez" kick to put the score at 12-3 at the half.

After the half, the X-Men seemed as if they were out of gas as they drove down the field. They just couldn't score.

But this quickly changed as "Chavez" used his leg again to boot one and bring the guys in black within six, making the score 12-6.

The score changed again, but not to the liking of the X-Men.

Iona scored three more on a penalty kick and made the deficit even greater with the score 15-6.

See Rugby, page 14